



**US  
TIGERS**  
TAEKWONDO

# SUMMER CAMP

AVAILABLE ALL SUMMER  
7:00AM - 6:30PM

- TAEKWONDO • ART & CRAFT
- SWIMMING • SOCCER
- MOVIES • JUMP ROPES
- CULTURE • FIELD TRIPS
- KICKBALL • VOLLEYBALL
- ESPORTS • FORTNITE/ROBLOX

SPECIAL DISCOUNT  
**25% OFF**

Already applied for 5days and 3days price

SIBLING DISCOUNT ADDITIONAL 10% OFF

**www.ustigers.net**

**571-261-2225 | info@ustigers.net**

6916 Piedmont Center Plaza, Gainesville, VA 20155

# Why USTigers?

**The Largest, Safest and Finest Facility (over 10,000 sqft)**

**Highest quality instructors and staff**

**Most importantly, your child WILL have fun!!!**

**Monday thru Friday**

**7:00 AM – 6:30 PM**

All Summer

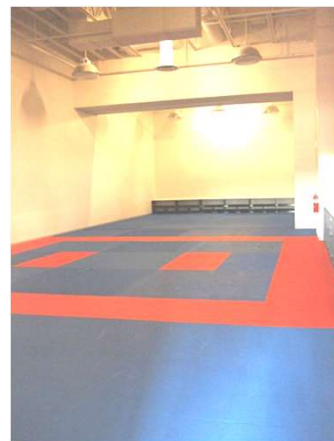
Or couple of weeks. It's your choice!

UST will be closed the week of **Monday, July 3<sup>rd</sup> to Saturday, July 8<sup>th</sup>**  
in observation of Independence Day

## **What to bring**

- TKD Uniform & Change of clothes
- Swimming Suits, Towels, Sunscreen (swimming days & BBQ)
- Own workbook or book, and jump rope
- No peanuts or tree nuts please

If your child requires special diet, please bring own food.



6916 Piedmont Center Plaza, Gainesville, VA 20155  
(off route 55, and across from the Haymarket post office)



## Daily Schedule

	Mon	Tue	Wed	Thu	Fri
7:00 AM	Welcome And sign-in	Welcome And sign-in	Welcome And sign-in	Welcome And sign-in	Welcome And sign-in
10:00 AM	Roll Call/ Lunch Order	Roll Call/ Lunch Order	Roll Call/ Lunch Order	Roll Call/ Lunch Order	Roll Call/ Lunch Order
10:30 AM	Morning Fitness (Jump ropes)	Field Trip Lunch	Morning Fitness (Jump ropes)	Field Trip Lunch	Morning Fitness (Jump ropes)
11:45 AM	Lunch	<b>**Please DO NOT bring frozen food for lunch**</b>	Lunch	<b>**Please DO NOT bring frozen food for lunch**</b>	Lunch
1:00 PM	Arts & crafts / Academics / Movies		Languages / Academics / Movies		Culture / Academics / Movies
3:00 PM	Taekwondo Class	Taekwondo Class	Taekwondo Class	Taekwondo Class	Taekwondo Class
4:30 PM	Snack	Snack	Snack	Snack	Snack
5:00 PM	Indoor Sports Dodgeball, Kickball, Indoor Soccer, volleyball	Indoor Sports Dodgeball, Kickball, Indoor Soccer, volleyball	Indoor Sports Dodgeball, Kickball, Indoor Soccer, volleyball	Indoor Sports Dodgeball, Kickball, Indoor Soccer, volleyball	Indoor Sports Dodgeball, Kickball, Indoor Soccer, volleyball
6:00 PM ~ 6:30 PM	Free Time	Free Time	Free Time	Free Time	Free Time

\* Schedules Subject to Change Without Notice



SAFETY FIRST !!

# Field Trip Schedule

JUNE						
18	19 Camp Activities	20 BBQ & Orientation	21 Camp Activities	22 Chuck E. Cheese	23 Camp Activities	24
25	26 Camp Activities	27 Bowling	28 Camp Activities	29 Nature Walk	30 Camp Activities	July 1

JULY						
2	3	4	5	6	7	8
	CLOSED (Independence Day)					
9	10 Camp Activities	11 Putt Putt Golf	12 Camp Activities	13 Ice Cream/Frozen Yogurt	14 Camp Activities	15
16	17 Camp Activities	18 Movies	19 Camp Activities	20 Bowling	21 Camp Activities	22
23	24 Camp Activities	25 Swimming	26 Camp Activities	27 Farm	28 Camp Activities	29

AUGUST						
July 30	July 31 Camp Activities	August 1 Movies	2 Camp Activities	3 Swimming	4 Camp Activities	5
6	7 Camp Activities	8 Laser Tag	9 Camp Activities	10 Magic Show	11 Camp Activities	12
13	14 Camp Activities	15 BBQ & Water Balloons	16 Camp Activities	17 Cooking	18 Camp Activities	19

**\* Field Trips Subject to Change Without Notice**

Endurance

Focus

Respect

Fun